

BEST Course in Summer 2022, Warsaw

BEEReady

HOW IT'S MADE



Survival Guide



Hi Guys!
Be ready for our terrific course!

DEAR PARTICIPANTS!

WELCOME TO WARSAW SUMMER COURSE!

WE ARE GLAD THAT YOU CHOSE TO SPEND THE BEST PART OF THE YEAR WITH US IN POLAND!

In this survival guide you will be provided with some interesting facts about the city of Warsaw as well as some important information that is gonna make it easier for you to move around in Poland!

1. INTRODUCTION TO POLAND

2. SPECIAL PLACES IN WARSAW

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9. USEFUL WORDS AND PHRASES

10. TIME IS MONEY. DON'T WASTE A BIT!

11. PRICES IN POLAND

12. EMERGENCY NUMBERS.

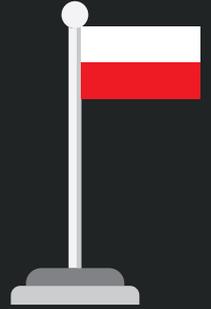
13. CONTACT US.



1. INTRODUCTION TO POLAND

POLAND (POLSKA)

officially the Republic of Poland,
is situated in the middle of Europe.



Polish territory reaches from the Baltic Sea in the north,
through Masurian Lake District to Silesia and the
mountain region in the South.



TIME ZONE: GMT+1 FROM
MARCH 29TH TO OCTOBER 24TH



POPULATION: 37,95 MILLION PEOPLE



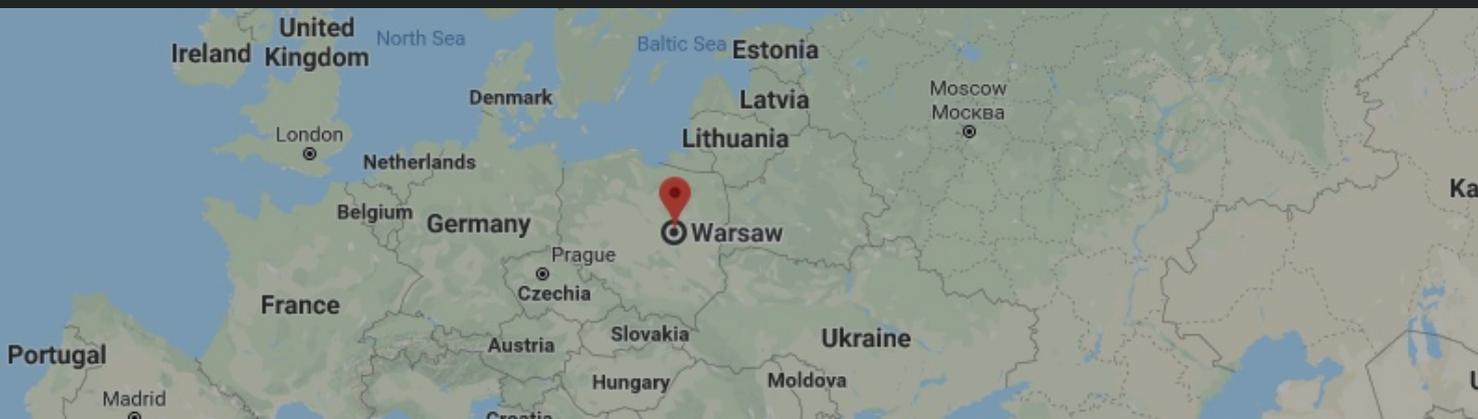
LANGUAGE: POLISH



ELECTRICITY: VOLTAGE - 230 VOLTS



CURRENCY: PLN (ZLOTY)
1 EURO ~ 4,50 PLN



2. SPECIAL PLACES IN WARSAW

THE WARSAW UNIVERSITY OF TECHNOLOGY



(Polish: Politechnika Warszawska) is the leading institute of technology in Poland and one of the largest in Central Europe. The origins of Warsaw University of Technology date back to 1826, when engineering education began in Warsaw.

OLD TOWN



Walking the streets allows you to rest from the hustle and bustle of central city life. Lively, stunning alleys, squares, and cosy cafés all together create a unique ambience of history. In the summer, the Old and New Town Squares become stages for musical and theatrical performances and open-air galleries.

PALACE OF CULTURE AND SCIENCE

Completed in 1955 as a 'gift from the Soviet people', the building is the embodiment of Socialist Realist architecture. It was the tallest building in Poland for a long time and now it fulfils the role of a cultural centre accommodating theatres, museums, a cinema and a concert hall. The highest viewing platform in Warsaw, on the 30th floor, offers an excellent panoramic view of the city.



VISTULA BOULEVARDS

A very popular summer place for evening meetings of students. Hundreds of people come there to spend time together watching the largest river in Poland - the Vistula.

LAZIENKI PALACE

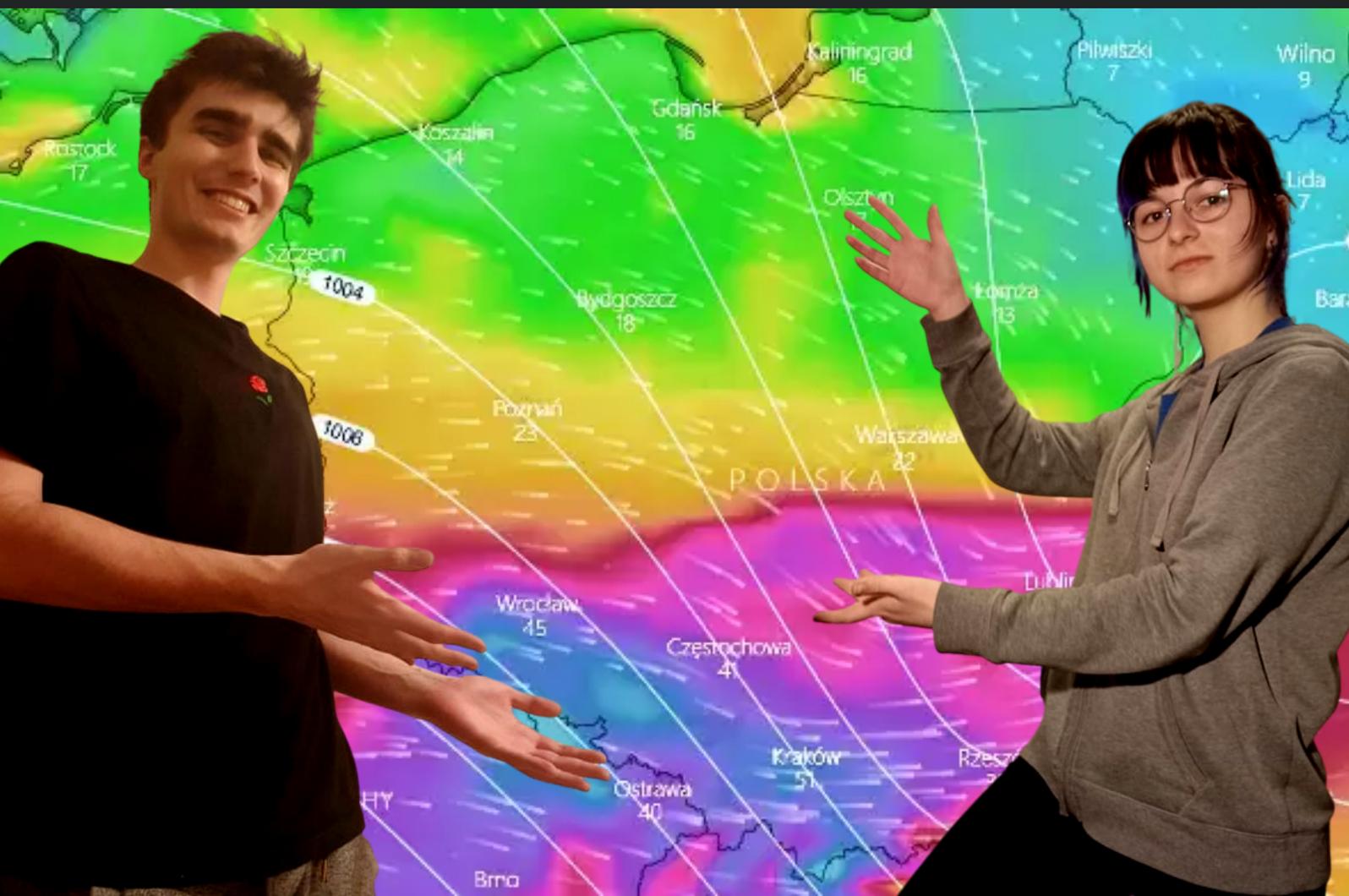
Magnificent historic complex that was built by King Stanislaw August Poniatowski during the second half of the XVIII century features the neoclassical Palace on the Water surrounded by gardens, canals and ponds.



3. WEATHER IN POLAND

Temperature is pretty high at this time of the year in Poland (on average it is circa **25°C**, extreme cases are over 35°C).

Nonetheless, rain is nothing out of the ordinary and it can get cold in the evening (around **12°C**) so make sure you arrive appropriately equipped.



4. DON'T FORGET TO BRING WITH YOU

1. This survival guide!
2. Your ISIC (International Student Identity Card). It is vital in order to get a discount on your tickets.
3. Travel and medical insurance - European Health Insurance Card for those who live in an EU country
4. ID card or passport and visa if you need it
5. Money
6. Clothes
7. Personal Care Items
8. Medications if needed
9. Sunglasses and sunscreen
10. Typical foods, but most importantly DRINKS from your country, for the International Evening
11. Party outfit



5. OUR REGIONAL CUISINE

Poland is not only known for the most beautiful girls in Europe or the best vodka, but also for our delicious food. People from all around the world come to try our pierogi. If you want to feel the Polish vibe you have to try our most famous dishes. Typical Polish food is a bit heavy but once you try it, you will not be able the temptation to take another bite.



Once you are here you have to try pierogi (dumplings), kotlet schabowy (pork breaded cutlet), gołąbki (cabbage roll), bigos (hunter's stew) and all soups e.g. kapuśniak (cabbage soup), pomidorowa (tomato soup), rosół (chicken soup). Our national drink is wódka (vodka) and it is one of the best in the world as we mentioned earlier.



6. TRAVEL POSSIBILITIES

By plane: the fastest and easiest way to get to Warsaw would be by plane. We've got two airports, the main airport called Warsaw Chopin Airport, or the recently opened Modlin airport which is about 30 km from Warsaw. We can pick you up from both or you can get to the meeting point by bus. (more information on [LINK](#)). It might be cheaper to travel by plane to another city and then by bus or train to Warsaw.



By train: travelling by train in Poland is cheap for students. The biggest railway station in Warsaw is Central Railway Station (Warszawa Centralna) and once you get there, we'll be able to pick you up. You can find a train at [LINK](#) and if it's within country borders you'll be able to buy the tickets online - remember about student discount!



By bus: here are some websites that offer bus transport. Check [LINK](#) for international routes. You can also find different kinds of connections within Poland at [LINK](#) .



7. HOW TO GET AROUND WARSAW WITH EASE?

The cheapest way to commute in Warsaw is to use public transport - buses, trams, metro and trains. You can find all information about it at ([LINK](#)).

Google maps works wonderfully in Warsaw - it can help you pick the optimal way of commute 24/7.

If you want to know more about Warsaw, there are special guides for travellers: ([OPTION1](#)) ([OPTION2](#))

Cool option to remember about is the ISIC card that can provide students with up to 50% discount on public transport ([LINK](#)).

TICKET MACHINE



CITY BUS



8. FEW RULES THAT YOU SHOULD KNOW...

You should remember that in our country:

- drugs are strictly prohibited
- drinking alcohol in public is prohibited
- smoking cigarettes in confined space (buildings, railway stations, bus stops) is also prohibited
- jaywalk is illegal (otherwise you will have to pay 500 PLN fine)
- it is not possible to buy morning-after pill in Poland

 **WRONG**

There are also few things that you should do in Poland, for example:

- offer your seat in public transport to the elderly, disabled people or pregnant women
- shake hands when meeting someone and when departing
- stamp your ticket in bus/tram
- always have your ID and ISIC with you
- PARTY! With US!

RIGHT 

9.
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Good morning!/Good afternoon!	Dzień dobry!
Goodbye!	Do widzenia!
Good night!	Dobranoc!
Hello	Cześć
Yes/No	Tak/Nie
Please	Proszę
Thank you!	Dziękuję!
You're welcome!	Nie ma za co!
I'm sorry	Przepraszam
What time is it?	Która jest godzina?
Where is...?	Gdzie jest...?
Toilet	Łazienka
Railway station	Dworzec kolejowy
Give me a beer	Dajcie mi piwo
Cheers!	Na zdrowie!
You have such a wonderful eyes	Masz takie piękne oczy
Would you like to dance with me?	Czy chcesz ze mną zatańczyć?
You're pretty/handsome	Jesteś ładna/przystojny
Won't you drink with me?	Ze mną się nie napijesz?
Beer is my fuel.	Piwo to moje paliwo.
Hold my beer.	Potrzymaj mi piwo

10. TIME IS MONEY... DON'T WASTE A BIT!

Złoty (zł, PLN) is the Polish currency.

One zloty is divided into 100 groszy (1 zł = 100 gr).

There are banknotes in denominations of PLN 10, 20, 50, 100, 200 and 500, coins in denominations of gr 1, 2, 5, 10, 20 and 50 and PLN 1, 2, 5 in circulation.



You can exchange money in numerous exchange offices or banks. Banks in Poland during weekdays are usually open from 10 am till 6 pm and on Saturday - from 10 am till 2 pm. They are closed on Sunday. Exchange points are usually located in city center, railway stations, airports and places of increased tourist activity/traffic. We recommend you to find "kantor" in the city centre, not at the airport because of higher rates.





11. PRICES IN POLAND

Cheap meal ~25 PLN

Fancy meal ~50 PLN

Beer (shop, 0,5l) ~4 PLN

Beer (bar/pub, 0,5l) ~10 PLN

Bottle of water(0,5l)~2 PLN

Cigarettes~14 PLN

Vodka~25 PLN

Tickets (underground/bus, 75 minutes)~2,2 PLN



12. EMERGENCY NUMBERS



POLICE: 997



FIRE BRIGADE: 998



AMBULANCE: 999

UNIVERSAL
EMERGENCY
NUMBER:

112

13. CONTACT US



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